

My Weekly Shopping List

Weekly Meal Plan					
Dinner #1:		Dinner #2:		Dinner #3:	
Dinner #4:		Dinner #5:		Dinner #6:	
Dinner #7:		Breakfasts:		Lunches:	
<input checked="" type="checkbox"/>	Dairy	<input checked="" type="checkbox"/>	Grains	<input checked="" type="checkbox"/>	Healthy Fats
<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>	
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<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>	
<input checked="" type="checkbox"/>	Meats and Beans	<input checked="" type="checkbox"/>	Vegetables	<input checked="" type="checkbox"/>	Fruits
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<input checked="" type="checkbox"/>	Staples/Condiments	<input type="checkbox"/>		<input checked="" type="checkbox"/>	Miscellaneous
<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>	
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Notes:					