

Warrior Care Support Program

The Warrior Care Support (WCS) Program provides complete health care coordination for active duty service members, including National Guard and Reserve, who are severely injured or have a combat-related mental health diagnosis when they transition from a military hospital or clinic to civilian health care.

A single point of contact from the WCS team will handle the navigation of all civilian health care services allowing the Warrior and his or her family members to focus their time and energy on healing and recovery.

The Warrior's Health Care Coordinator will:

- Ensure physical and mental health care services are accessible and provided in a timely, coordinated fashion.
- Work with military hospital and Veterans Affairs physicians, physical therapists and other health care providers.
- Empower Warriors with knowledge about their health care choices as they make decisions about their care.
- Conduct traumatic brain injury and post traumatic stress disorder screenings.
- Assist with understanding benefit coverage including changes that occur when moving from one military status to another.

Call 1-844-52-HELPU (1-844-524-3578) to find out how to participate in the Warrior Care Support Program.



Outpatient Mental Health Therapy



Active Duty Service Members

Active duty service members must obtain a referral from their primary care manager for all civilian mental health services prior to receiving care.

Active Duty Family Members, Retirees and Their Family Members

Outpatient mental health care, also known as psychotherapy, does not require a referral or prior authorization.

Certain outpatient treatment does require prior authorization. This includes but is not limited to:

- partial hospitalization programs
- intensive outpatient programs
- opioid treatment programs and office-based opioid treatment

Visit www.tricare.mil for complete benefit details.



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www.tricare-west.com

Health Net Federal Services 



Mental Health Services

For military service members, National Guard and Reserve, retirees, and their family members

We're here to help.



Online Resources



Mental health care is an important TRICARE benefit, and we want to make sure you have all the information and resources you need. Visit www.tricare-west.com > *Beneficiary* > *Take Me To... Mental Health Resources* to access information on:

- Steps to finding care
- TRICARE's Mental Health Benefits page
- Children and mental health care
- Prior authorization and referral requirements
- Common diagnoses
- Additional resources



Visit www.tricare-west.com
> *Beneficiary* > *Take Me To...
Mental Health Resources.*

Telemental Health Care



Outpatient mental health treatment is available through secure web cam audio-video conferencing. Telemental health offers outpatient visits online when a mental health provider is not available locally.

- Primary care manager's office connects you with an offsite, TRICARE-authorized mental health care provider
- Use of telemental health documented on your military health record
- Available to all TRICARE beneficiaries
- Applicable copayments and cost-shares apply
- Not a substitute for face-to-face therapy when providers are available locally
- Provider must be licensed to provide therapy in the state where you are receiving the service

Call 1-844-866-WEST (1-844-866-9378) to find out if telemental health is available in your area and to make an appointment.

MENTAL HEALTH RESOURCES

TRANSITION ASSISTANCE

RESOURCES AND COVERAGE

Mental Health Provider Locator Line



The locator line helps you find TRICARE network civilian mental health care providers.

- Available to all TRICARE beneficiaries
- Use of the locator line not documented on your military health record*
- Free – applicable copayments and cost-shares for care apply

*Services obtained under the TRICARE benefit, such as seeing a mental health provider, are documented on your military health record.

Call 1-844-866-WEST (1-844-866-9378) for assistance in locating a mental health care provider.

Mobile App – Locate network mental health providers from the palm of your hand using your smart phone or tablet.

